5th grade teachers,

Minute Meetings sounded unusual right? I got this idea from some other counselors who have tried it and I didn't know how it was going to go. Well here are the results:

Over the past few days, I have spoken to each fifth grade student (who was present). That's over 120 kids that I had a chance to get to know a bit better, to tell them face to face that if they ever need to chat, I'm here for them. In one minute or less I learned that some students love math, some hate math, some students like reading 11 out of 10 (which begs the question, how are they at math?). Some are being teased, some have parents going through divorce, and some are worried about the family finances. Some were shy and many were happy to tell me that things in their life were pretty great. Most kids want to do better in school and feel like they have solid friendships.

Thank you for letting me do this unorthodox type of "counseling lesson" this week, I truly enjoyed it and hope the students did too.

Also, I have gotten great feedback about the Science of Character Video. Great video, right? A fellow counselor also shared her unit of lessons and PPT of the lesson which I can share if you are interested. I know a couple of you expressed interest in expanding on some of these ideas with your class.

As always, please let me know how I can support you and your students throughout the year.

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