**EMC Mini-Grant Application**

**Mini-Grant to Support “A Growth Mindset Resource Library”**

Describe the objectives of your project and why it is needed.

**Research by Carol Dweck out of Stanford University has introduced a theory that can increase student achievement by teaching them about their brains and the learning process. This theory is called Growth Mindset, and there has been a vast amount of research that supports the positive outcomes. [See research by Claro, Paunesku, and Dweck (2015) & Blackwell, Trzesniewski and Dweck (2007)].Growth Mindset theory entails teaching mindfulness, brain basics, the importance of grit and determination, the power of self-talk, and how everyone learns differently. Growth mindset promotes that intellect and innate talent are just the starting point, and that one’s ability can be developed through dedication and hard work. It is an exciting theory to teach students so that students are inspire to grow their brains and find success in both academic and personal outcomes.**

**Why is this project needed? All students deserve to learn about how they can do better in school. We want to be able to integrate the growth mindset theory into our school and community so that we can increase our student achievement and to promote our school culture as one that values effort, perseverance, and success. We need this program at our school so that students in our community can benefit from the world-renowned researchers that have proven that teaching growth mindset leads to positive results in students.**

How many students will be affected by this project? **720 Students + Parents and Teachers of our Community**

What methods will be used to make the project a success?

**This Growth Mindset Resource Library will provide books for our counselors and teachers to use with our students in K-5 students. Additionally, there will be parent resources available for checkout and explained at our parent workshops.**

How will we do this?

**In the 2017-18 Year:**

**Students in Kindergarten through 5th: Teachers will incorporate growth mindset theory into their classroom lessons. Also, counselors will go into classroom to do lessons every other week for a minimum of 3 lessons covering the concepts of growth mindset this academic year.**

**Small Group Counseling: Counselors will incorporate growth mindset theory into small group counseling by using the curriculum *Mindset Matters* (King, 2016).**

**Professional Development: Teachers will attend breakout sessions learning about practical applications for integrating growth mindset with lessons, posters, and storybooks to read. Books will be available for checkout to read in their classrooms as well as for book study opportunities.**

**Parent Workshop: Parent Growth Mindset workshop in August 2017 generated a great deal of parent interest. Using the email list from that workshop and in a general all-school email blast, parents will be invited to check out the resources we accumulate so that they can further understand the concepts of growth mindset so that they can help their children succeed.**

Will the Mini-Grant be used to fund a larger project? **This mini-grant will fund this project fully.**

Detail your budget request. Include the materials, equipment, sources of supplies, costs

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Item | Vendor | Quantity | Cost | Total |
| ***Teacher/Parent Resources*** |  |  |  |  |
| Mindset For Parents by Mary Kay Ricci | Amazon.com | 3 | 11.52 | 34.56 |
| Growth Mindset Coach | Amazon.com | 1 | 9.21 | 9.21 |
| Mindset in the Classroom by Mary Cay Ricci | Amazon.com | 1 | 12.15 | 12.15 |
| Mindset: The New Psychology of Success by Carol Dweck | Amazon.com | 1 | 16.00 | 16.00 |
| Drive: What Motivates Us by Daniel Pink | Amazon.com | 1 | 8.91 | 8.91 |
| The Talent Code by Daniel Coyle | Amazon.com | 1 | 20.80 | 20.80 |
| ***Student Resources/Books for Read Aloud*** |  |  |  |  |
| Almost | Amazon.com | 1 | 14.21 | 14.21 |
| Listening to My Body: Helping Kids Understand | Amazon.com | 1 | 12.99 | 12.99 |
| You Can Do it Bert | Amazon.com | 1 | 12.66 | 12.66 |
| Luigi and the Barefoot Races | Amazon.com | 1 | 7.95 | 7.95 |
| The Girls Who Couldn’t Sit Still | Amazon.com | 1 | 10.96 | 10.96 |
| Young Genius BRAINS book | Amazon.com | 6 | 6.99 | 41.94 |
| Nothing You Can't Do!: The Secret Power of Growth Mindsets (group set) | Amazon.com | 10 | 15.95 | 150.95 |
| ***Resources/Games/Hands On Activities*** |  |  |  |  |
| Plush Neurons | Amazon.com | 2 | 9.90 | 19.80 |
| Brick Logic | Amazon | 1 | 14.99 | 14.99 |
| Labels for the Library: Property of Growth Mindset Library | Vistaprint | 1 | 12.00 | 12.00 |
| Brain Erasers | Amazon.com | 2 packs | 6.99 | 14.00 |
| Brain Teaser Ball (set of 8 for group) | Amazon.com | 8 | 8.99 | 81.00 |
| Brain Games Kids | Amazon.com | 1 | 19.99 | 19.00 |
| Sainsmart Tetris Puzzle | Amazon.com | 1 | 14.95 | 14.95 |
| Mindfulness Matters Game | Amazon.com | 1 | 19.99 | 19.99 |
| Teachers Pay Teachers Printable Activities on Growth Mindset | Teacherspayteachers.com | 1 | 20.00 | 20.00 |
| TOTAL REQUEST |  |  |  | 496.12 |

How long will it take to complete the project? **Once funded, the resource library will be created and the initiatives listed here will be completed by April 2018**