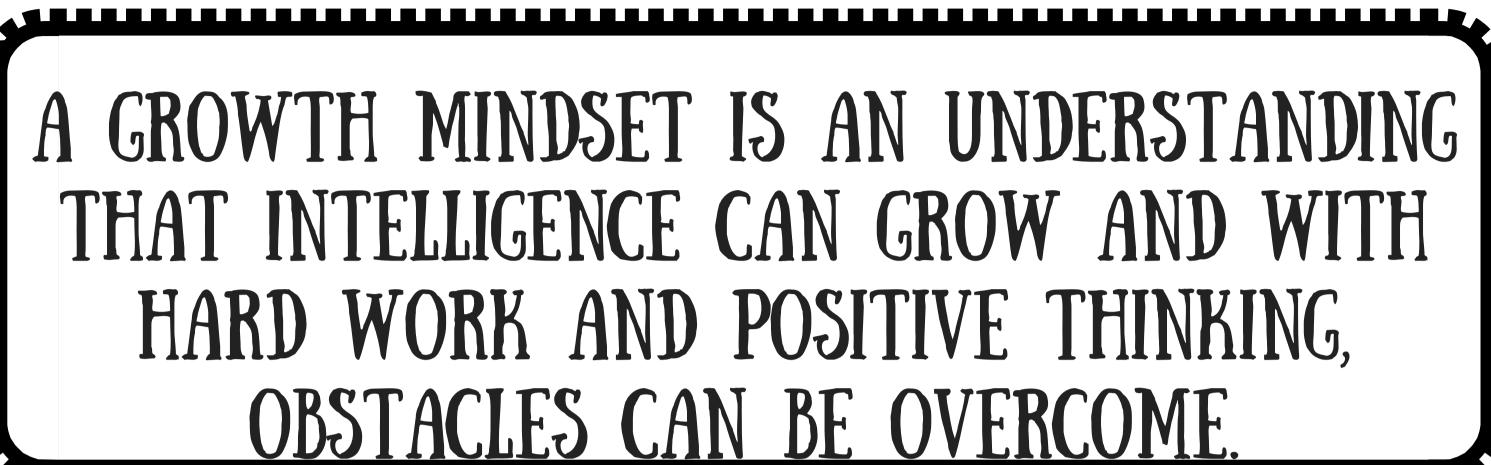
What is GROWTH MINDSET?



AND TIPS TO HELP!

TIP #1

If you hear your child say, "I can't" or "I don't get it!" have them add YET to the end of the sentence. "I can't do it YET" or "I don't' get it YET!"

TIP #3

Read books to your child like: Little Engine that Could; Amazing Grace; Leo the Late Bloomer; Everyone Can Learn to Ride a Bicycle; What to Do With a Problem.

TIP #2

Have converstaions with your kids that it is OK to fail as long as they learn from those failures/mistakes.

TIP #4

Praise the effort of your child.

Research has shown us that saying,
"You are working really hard on
that!" is more beneficial than
telling a child, "You are so smart."

Praising effort makes kids want to
try hard even if they are unsure
about themselves.