

What is GROWTH MINDSET?



A GROWTH MINDSET IS AN UNDERSTANDING THAT INTELLIGENCE CAN GROW AND WITH HARD WORK AND POSITIVE THINKING, OBSTACLES CAN BE OVERCOME.

AND TIPS TO HELP!

TIP #1

If you hear your child say, "I can't" or "I don't get it!" have them add YET to the end of the sentence. "I can't do it YET" or "I don't get it YET!"

TIP #2

Have conversations with your kids that it is OK to fail as long as they learn from those failures/mistakes.

TIP #3

Read books to your child like: Little Engine that Could; Amazing Grace; Leo the Late Bloomer; Everyone Can Learn to Ride a Bicycle; What to Do With a Problem.

TIP #4

Praise the effort of your child. Research has shown us that saying, "You are working really hard on that!" is more beneficial than telling a child, "You are so smart." Praising effort makes kids want to try hard even if they are unsure about themselves.