SAMPLE

2015-2016 Mini Grant Request Form

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Class or Special Area: \_\_Counseling Department\_\_\_\_\_ Total $ Requested: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Project Summary/Reason for Request: **Growth Mindset is a theory developed by Dr. Carol Dweck at Stanford University. This theory is about teaching students that with effort, they can get smarter and grow their brain. It is powerful to tell kids that the research proves that kids who learn about Growth Mindset actually DO BETTER. Through this theory students learn about mindfulness, some basic facts about their brain, how important it is to have grit and determination, the power of self-talk, and how everyone learns at different pace. Growth mindset promotes that intellect and innate talent are just the starting point, that one’s ability can be developed through dedication and hard work. It is an exciting new theory for counselors to teach students so that students realize that they have the ability to grow their brains and find success in both academic and personal outcomes.**

.

How will this Mini Grant benefit all the children you teach (please be specific):

**With the materials bought through this grant, I will develop lessons for grades 2-5 as well as lessons for small group counseling.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Item | Vendor | Quantity | Cost | Total |
| Mindset Matters: Curriculum by Lisa King | National Center for Youth Issues | 1 | 27.95 | 27.95 |
| Race Car Assortment | Oriental Trading | 1 (set of 30) | 12.99 | 12.99 |
| Brain Erasers | Oriental Trading | 2 (24 pieces) | 5.50 | 11.00 |
| Young Genius BRAINS book | Amazon.com | 8 | 6.99 | 55.92 |
|  |  |  |  |  |
| Mindset: The New Psychology of Success by Carol Dweck | Amazon.com | 1 | 16.00 | 16.00 |
| Fantastic Elastic Brain | Amazon.com | 1 | 10.96 | 10.96 |
| Plush Neuron | Amazon.com | 2 | 9.90 | 19.80 |
| Cross Section of Human Brain | Amazon.com | 1 | 34.99 | 34.99 |
| Hoberman Sphere |  |  |  |  |