Staff,

We wanted to send you a brief introduction to.... GROWTH MINDSET!  You’ll hear more about this from our administration as the year progresses and we’re rolling out our Growth Mindset curriculum in our counseling lessons in grades 2-5, so we wanted to give a you a little background.

**So, what the heck is growth mindset??**

Growth Mindset is the belief that intelligence can change over time with perseverance. Within the research-based theory, it has been found that if we teach students basic brain science and help them understand the “power of yet”, we will see positive results.

**Watch one of these videos read the article below to learn more.**

<https://www.youtube.com/watch?v=wh0OS4MrN3E>   (3 minutes long)

<https://www.youtube.com/watch?v=hiiEeMN7vbQ>     (9 minutes long)

<https://onedublin.org/2012/06/19/stanford-universitys-carol-dweck-on-the-growth-mindset-and-education/>

 Lisa and Shannon

School Counselor

Blackwell Elementary

678-494-7603 x231